

https://www.uea.ac.uk/about/working-at-uea/retirement-association

UEA Retirement Association Newsletter No. 68 February 2023

INTRODUCTION.

Since the October edition of Renaissance Art, Book, Knit and Natter, Film, and Games groups have all met on their usual monthly basis. Walks have been led in Norfolk and talks by visiting speakers have been held. Members also went on a four night walking holiday in October at Lulworth Cove in Dorset. This was as usual very well organised by Keith and Jan Woods and the fantastic weather and location made it a particularly enjoyable and memorable holiday.

As usual the Christmas Social was very popular with 77 people attending and enjoying a lunch and other activities. Proceeds from the Knit and Natter stall and donations raised £120 which was donated to the EACH charity.

Although the programme of events is somewhat reduced during the winter months, the usual group meetings will happen each month and a variety of activities and events are planned including lunches, walks and talks. Further details of all events are in this newsletter. Please do try to support the events whenever you can. There are also two holidays to come later in the year, A Discovery tour based at Malhamdale in June (now fully booked) and a walking holiday at Bourton-on-the-Water in October with some places still available (see Holidays section for details). This holiday is now also open to non-walkers.

A Note from the Treasurer

Thank you all for renewing your 2023 memberships so promptly. The exercise is now completed and any members whose membership has lapsed do not receive this newsletter. Below are a few facts and figures (the figures in brackets are the comparable figures for 2022):

188 (191) members renewed by 31 December 2022 with a few paying in January, so it was only necessary to send 24 (41) reminders to jog memories. On 13 January membership was 193 (196) which represents 73 (84) individual members and 60 (56) joint members.

Although total membership numbers are still on the decline, it is encouraging that we have had several new members joining in recent months. If you know someone who is eligible, a former colleague at UEA or the Research Park, please encourage them to join us and help the Association continue to thrive. A Members Application form can be downloaded via a link on the Association's welcome web page at https://www.uea.ac.uk/about/working-at-uea/retirement-association.

BACS Payments: As we have set up internet banking to access UEARA Bank Accounts I am now able to accept payments by Bank Transfer as well as by cheque or cash. Should you wish to make payments in this way in the future the UEARA account details are as follows:

Account Name: U E A Retirement Association

Sort Code: 20-62-53 Account No: 70487589

Please note that there are spaces between the U and E and A. This is important when typing in the name the first time as UK Banks carry out name checks to prevent fraud (called Confirmation of Payee) and if the spaces are omitted it will not be able to match the name.

Denis Brown

NOTICE BOARD

GENERAL DATA PROTECTION REGULATIONS 2018

In order to comply with the General Data Protection Regulations 2018, the UEARA Committee has previously agreed a Privacy Statement, which is published along with the Membership Application Form on our website. The Privacy Statement is also included on a separate page towards the end of this newsletter.

CONTACTS

Secretary: Alison Ward 01603 452330 Membership Secretary: Keith Woods 01603 810980 Website/Renaissance Editor: Steve Mosley 01603 437176

Email: uearetired@gmail.com

Website: www.uea.ac.uk/about/working-at-uea/retirement-association

OBITUARIES

Elizabeth Taylor

We are very sorry to report the death of Elizabeth Taylor on November 11, 2022 aged 90 years. Although never employed by UEA, she had a long association with the University. She was a founder member of the UEA Choir when it was formed by Philip Ledger, UEA's Director of Music, in the 60s. He was anxious to bring together the "Town and Gown" and had advertised in the EDP for members. It was via the choir that I got to know her. We also sang together in the Eaton Parishes Choir.

Her main career was as a PE and sports teacher at Norwich High School. As might be expected, she always kept herself fit and was playing tennis well into her eighties. When she retired, she did an honours degree in Modern Languages at UEA, graduating in 1987. She loved the outdoors and on joining the Retirement Association, became a regular at our local walks and the holidays at HF Guest Houses. At these, she always did the "harder" walks and took part enthusiastically in the evening country dancing. She was quiet and friendly and always interesting to be with. She will be missed by all who knew her.

Alan Coddington

HOLIDAYS

HF Discovery Tour at Malhamdale, Yorkshire 26-30 June 2023

This holiday is based at HF Newfield Hall in Malhamdale in the Southern Yorkshire Dales with easy access to Malham Cove. The itinerary for 2023 is not finalised but will include some of the following or similar places: the World Heritage Site of Saltaire, the villages of Grassington and Pateley Bridge, Fountains Abbey and Studely Royal Water Gardens, Skipton Castle and York and its Minster.

The price for 4 nights is £689 per person for full board including dinner, bed and breakfast and packed lunches. All travel for the tours on each day is included. A deposit of £75 will be required by HF Holidays. A coach from Norwich will be organised with the cost shared between passengers.

NOTE This holiday is now fully booked with three people already on the waiting list should there be any cancellations. If you would like to be added to the waiting list, please email j.johnson@uea.ac.uk.

John Johnson

Walking Holiday at Bourton-on-the-Water 23-27 October 2023 Now open to non-walkers as well!

Our Walking Holiday in 2023 will be at Bourton-on-the-Water in the Cotswolds. This is a Monday to Friday holiday with walks on the Tuesday, Wednesday and Thursday. On this holiday we will have fully guided walks with HF Leaders and they will provide transport to and from the walks. More details at:

https://www.hfholidays.co.uk/holidays-and-tours/guided-walking-bourton-4

For non-walkers the HF house is very close to Bourton's village centre and there is plenty to do in the area. If you'd like to join us and explore on your own with a HF picnic lunch, you'd be very welcome.

We have booked the whole house. The cost of the holiday is currently quoted at £565 per person. All rooms are en suite. The price includes bed, breakfast, packed lunch for walks and an evening meal. We will organise a coach from Norwich, with the cost divided between all the passengers.

A deposit of £75 is needed. Please do ensure you have appropriate travel insurance. If you need to cancel for any reason, you will lose your deposit. The final balance will be due at the beginning of August 2023 and is not refundable. Please contact us if you're interested and need more information.

Keith & Jan Woods. Tel. 01603 810980, Email: kandjwoods@waitrose.com

TALKS

All talks begin at 2.15pm (unless otherwise stated) in the Costessey Centre, Longwater Lane, Costessey (NR8 5AH).

No response slips are required, just pay £1 per association member and £2 per guest at the door, which includes tea and biscuits. Each member may bring up to two guests.

Tuesday, 28 February 2023 'The Hijacking of Edith Cavell' by Tony Diamond

Since her execution in 1915 the image and message of Edith Cavell has been perverted and hijacked by many to serve their own warped agenda. Where does the truth lie?

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Tuesday, 28 March 2023 'Miss Savidge Moves her House' by Christine Adams

This is about an eccentric aunt who moved her medieval hall and rebuilt it by the seaside. Her strange life is told in a book and is soon to be a film on general release by Pathé.

Tuesday, 25 April 2023 'The Samaritans' by David Boyce

Beginning with one phone line in 1953, the Samaritans listening service now answers over 9,000 calls for help each day. This talk explores how Samaritans has evolved over the years to a national organisation of around 22,000 volunteers and more than 200 branches and locations across the UK and Ireland. It looks at the Samaritans 'approach' to listening, the current need for the service, and how the organisation tries to achieve its stated vision that 'fewer people die from suicide'.'

David works for the Samaritans Central Charity as well as being a listening volunteer for the local Norwich branch.

Tuesday, 23 May 2023 'Jenny Lind: The legacy of the Swedish Nightingale in Norwich' by Mr Richard England, Consultant Paediatric Surgeon, Jenny Lind Children's Hospital

Jenny Lind's early childhood in Stockholm was harsh, but once her beautiful singing voice was discovered she quickly rose to stardom across Europe as the, 'Swedish Nightingale'. Her operatic career eventually brought her to England. An invite to perform in Norwich by Bishop Stanley in 1847 was the beginning of a friendship with not only his family but the whole city and helped establish the Jenny Lind Children's Hospital. This is now the second oldest such institution in the country and still provides care to children from across East Anglia today.

Mr England grew up in West Norfolk and escaped to South Yorkshire to study Medicine. He trained in paediatric surgery in Sheffield, Leeds and Cape Town before accepting the lure of a consultant post back here in Norwich. He now specialises in paediatric colorectal surgery and incontinence disorders of childhood. Over the last 5 years he has been fascinated by the treasure trove of documents in the Norfolk archives relating to Jenny Lind's link with the city, as well as some of the other illustrious characters who walked the wards of the Norfolk and Norwich Hospital. He is honorary secretary of the Norwich Medico-Chirurgical Society and a member of the Swedish Jenny Lind Society.

Tuesday, 27 June 2023 (AGM) 'Restoration of Ketteringham Hall Icehouse' by Mary Parker Details to follow

Note, the talk will be preceded by the AGM

Margaret Robins

WALKS

There are both short walks of 2 to 3 miles and longer walks of around 5 miles, but occasionally longer. All walks start at **10.30am** (unless otherwise stated) but please arrive at the meeting place by at least 10.15am, especially if a pub lunch is planned in case we have to pre-order food. Car sharing would be appreciated. Walking boots or sturdy shoes are recommended.

Places on the walks must be booked by contacting the walk leader via email or telephone, by the deadline date shown. Please ensure emails contain your name, contact telephone number, number of places and, where appropriate, the number of lunches required. This is particularly important for walks with pub lunches so that the managers may reserve appropriate space for us. Please note that there may be limited numbers for some pub lunches, and these will be allocated on a strictly 'first come first served' basis (so it pays to contact the walk leader as early as possible!).

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These walks, and all other sporting and leisure activities, have inherent hazards associated with them. In spite of the safety of members of each walk being of paramount concern to its leader/leaders, accidents will occasionally occur. It is important therefore that, before taking part in any of our walks, every member appreciates that they each have an individual responsibility to be aware of possible hazards, and will each be expected to take all reasonable steps to minimise any potential for an accident to occur.

i.e. each walker takes part at his/her own risk.

Longer walks

Tuesday 14 February 2023 Salhouse and Rackheath area

Leaders: Iain Duncan and Karen Pierce email iainmduncan@hotmail.co.uk

Tel. 01603 454341

Deadline for the receipt of emails or telephone calls: Thursday evening 9 February. to iainmduncan@hotmail.co.uk (NB: .co.uk - not .com) or by tel. to Nch. 454341

This 5.5 mile walk is around the Salhouse and Rackheath area (NB not Salthouse), starting at the All Saints Salhouse church. Lunch following the walk will be arranged at the Fur and Feathers pub, adjacent to Woodforde's Brewery.

Grid ref OS Explorer OL40 303150 Address for Salhouse church is Bell Lane, NR13 6HD

Tuesday 11 April

One to Four Churches around Hethersett

Leaders: Richard Aldridge and Julie Houghton Tel.: 01603 811303, Tel. on the day: 07753545440 (Julie)

Email: richard.v.aldridge@gmail.com

Deadline for confirmation by phone/email: 28 March 2023

This is a walk of approximately 5 miles (3 or 4 churches), with an opportunity of a shorter walk of 3 miles (1 or 2 churches). The starting point is the car park at the Queens Head in Hethersett where lunch will be available after the walk.

The walk heads north, initially, towards the centre of Hethersett before turning right into Henstead Road. After about 200m, the walk takes a left into Lynch Green. A further 200m on, it turns right into Myrtle Road. Then, following field paths, it eventually arrives at Little Melton's Parish Church (Church 1). The walk then follows the local roads until it meets a public footpath heading back towards Hethersett. The shorter walk follows this path to the village and the Queens Head pub; in passing, there is an optional visit to Hethersett's Parish Church of St Remegius (2nd church).

The longer walk ignores this direct path to Hethersett and continues along the local road to arrive at Great Melton's two churches (Churches 2 and 3). After a short site visit, the longer walk returns to Hethersett via public footpaths and pavements. For those that want to add a 4th Church the walk has been set up to pass Hethersett's Parish Church on its way back to the Queens Head.

There are no stiles on either route. The paths are mostly in a good state but there is a possibility of mud in places if the weather has been inclement.

Please arrive at 10.15 or a bit earlier to pre-order lunch so that we can set off at 10.30.

Grid Ref OS Explorer 237 TG1504 Post code for Queens Head NR9 3DD

Tuesday, 9 May 2023 Felbrigg

Leaders: Lesley and Derek MacLeod Tel. 01603 743789

Mobile on the day: 07752303703 Email: derekmacleod39@hotmail.com

Deadline for the receipt of emails and phone calls: Tuesday 2 May 2023

This circular walk starts and finishes in the car park at the National Trust property, Felbrigg House. The walk is about 4.5 miles long and uses footpaths and tracks within the National Trust grounds. There is a charge for parking for non-National Trust Members of £5. We will meet at 10.15am at the parking meter nearest the House.

It is intended to be a picnic walk, there are tables available near the House or, if preferred, the café is also available for snacks.

Felbrigg National Trust car park, Post code NR11 8PR

Tuesday 13 June. Saxmundham, Suffolk

Leaders: Eleanor Cockerton and Stephen Morgan. email eleanorcockerton@yahoo.co.uk

Tel. 01728 604154

Mobile 07811052252 (Eleanor's)

Deadline for receipt of emails or telephone calls: Monday 5 June 2023

This is a walk of just over 4 miles which begins and ends at the Poacher's Pocket in Carlton. Heading south from the pub along Sandy Lane we turn left onto a footpath beside Gull stream, over the playing field and into Saxmundham. We then walk for a short way along North Entrance before joining a path beside the railway. Two well maintained stiles take us over the tracks where we cross a field to turn right along Clayhill Road. In a short distance we rejoin the footpath along the edge of fields until reaching Lowe's Hill, taking us into Kelsale. A short detour will allow you to see the church. Continuing across the B1121 we take Rosemary Lane heading back to the pub.

Please arrive by 10.30 to order lunch and be ready for a 10.45 start.

Grid ref OS Explorer 212 648378, Post Code for the Poacher's Pocket is IP17 2QS

Tuesday 11 July Northrepps and Overstrand

Leaders: Steve and Joan Mosley Tel. 07887399106

Email s.mosley@talktalk.net

Deadline for receipt of emails or telephone calls: Tuesday 27 June 2023

This walk of approximately 5 miles begins and ends at the village hall in Northrepps. From Northrepps the walk heads along quiet tracks and lanes to the coast at Overstrand where there is an opportunity for a short refreshment stop and use of the public toilets. From Overstrand we then head southwards and back to Northrepps. There are no styles on route. Lunch can be taken at the Foundry Arms in Northrepps, or for those wishing to picnic there is a churchyard nearby with several benches.

Please indicate when responding whether or not you require lunch at the pub so that tables can be reserved. Links to the current menu will circulated after the booking deadline and you will be asked for your menu choice during the week before the walk.

Please arrive by 10.15 for a 10.30 start.

Grid Ref OS Explorer 25 TG 243393 Post code NR27 0LB

Tuesday 8 August Thwaite Common and Alby –Picnic Walk

Leader: Janice Darch Tel.: 07796 932595

Email: janicedarch@gmail.com

Deadline for receipt of email or telephone call before Monday 7 August

This is an 8 mile walk with a picnic lunch partway. We meet in the layby at Cromer Road, Alby, Norwich NR11 7QE which is almost opposite Alby Crafts and Café and beside the Shell filling station and Downtide Caravans and Leisure on the A149 Cromer to Norwich road. Please note that this walk is fully accessible via public transport using the Sanders X44 bus from Norwich to Sheringham

Our walk will take us to Alby and across Thwaite Common to Erpingham and over to Blickling Park where we will eat our lunch beside the northern part of the lake. After lunch we will head north towards The Saracens Head inn before returning to Alby Crafts via Calthorpe and Erpingham. For those who wish we can have afternoon tea in the excellent café at Alby Crafts. See the following website for details about the common https://friendsofthwaiteco.wixsite.com/thwaitecommon

Please arrive by 10.15 for a 10.30 start.

OS Explorer 252 Grid Ref TG 208324 Post code NR11 7QE

Shorter Walks

Tuesday 14 March Norwich Textiles Trail

Leader: Anne Guyon Tel.: 07950 680303 (text preferred)

Email: akguyon@gmail.com

Expressions of interest by Tuesday 28th February. Deadline for confirmation Tuesday 7th March.

This 3 mile walk takes in sites and buildings relating to the textile trade in Norwich prior to industrialisation. Its starting point is Rose Lane, off Prince of Wales Road. The end point is St James Mill. Whitefriars. It is suggested we allow at least 2-3 hours for looking at and discussing points of interest. On the whole this is a gentle walk, although there is one steep hill (for Norwich!), Thorn Lane which runs up from Rouen Road to Ber Street. There are also some steps at various points, which could be avoided if necessary.

Lunch has been booked for 1.30 p.m. at the Red Lion, Bishopgate. Please let me know whether you would like lunch when booking the walk.

The nearest parking to the start is Rose Lane car park, which will be our meeting point. The start is also close to the railway station for access by train or bus.

Please arrive by 10.15 for a 10.30 start. .

ART GROUP

The Art Group meets on the **third**_Monday of the month (except Bank Holidays) at 2:00pm at the Colney Lane Pavilion. Refreshments will be provided, but please bring your own painting and drawing materials with you. Brenda Mace has kindly agreed to act as mentor to the group.

The Group will meet on the following dates:

20 February

20 March

17 April

15 May

19 June 17 July

Brenda Mace

BOOK GROUP

Informal meetings, lasting about one and a half hours, will be held at 40 Brettingham Avenue, Cringleford at 2pm on the **second** Monday of the month. Books to be discussed are listed below and all titles are available in paperback and from the library, some as downloads.

The group will meet on the following dates.:

13 February 'A pale view of hills' by Kazuo Ishiguro

13 March 'We need to talk about Kevin' by Lionel Shriver

3 April* 'A Town Like Alice' by Nevil Shute

* Date change to avoid Easter Monday

15 May* Two favourite poems *Date change from 8 May to avoid bank holiday

12 June 'The Soul of Discretion' by Susan Hill

10 July 'French Braid' by Anne Tyler

Anyone is welcome to come along and join us and to suggest titles for future sessions. There is no charge and tea, coffee and biscuits are served. For more information please contact Janet Havers (janet.havers@btinternet.com or Tel. 01603 759644).

Janet Havers

FILM GROUP

This small, lively group normally meets once a month, on a Monday, at Cinema City. Whenever possible we go for a late morning/early afternoon screening to allow time afterwards for refreshments and to discuss the film before going our separate ways.

New members are most welcome.

For more information please Tel. 01603 743464 or email: evelyn.mould@ntlworld.com

Evelyn Mould

GAMES AFTERNOONS

Games afternoons are held on the third Tuesday of the month starting at 2.00pm at the Pavilion. We have regular tables for Cribbage, Dominoes and either Rummikub, Whist or Scrabble. Additional board games and cards are available at each session with the opportunity to learn something new.

The emphasis at games afternoons is on enjoying playing games rather than skill and you are welcome to bring your own games for other members to try. Refreshments are provided.

Future dates are:

21 February

21 March

18 April

16 May

20 June (Croquet)

18 July

Contact Details: Denis Brown Tel. 01603 409905, EMail lizden144@btinternet.com

Croquet Session on 20th June 2023

This event which is organised by Jeremy Kitchener will be held at Eaton Park starting at 2.00pm and finishing at 4.00pm. Balls and mallets will be provided, and the only requirement is that flat shoes or trainers are needed. The green is located near the boating pond and there will be a charge of £5.00 (which includes refreshments).

There is ample parking and a room for storing coats as well as a loo facility. Numbers are limited so it will be on a first come first served basis.

If you want to come or require further information, please contact Jeremy on 01603 610708 (or e mail him at q6@ntlworld.com) to book your place.

Denis Brown

GARDEN GROUP

Garden Group meetings may be held throughout the year, actual dates are given below and in the Renaissance diary. Activities include talks, open gardens and garden visits.

Please pay £1 per association member and £2 per guest at the door for talks, including tea and biscuits. This payment goes towards the cost of speakers and refreshments.

Monday 6 March 2023. Talk - 'The flora, fauna, history and scenery of Chile' by Kathy Gray

Our speaker will be Kathy Gray of Norfolk Plant Heritage. Thank you to Val Weaver for arranging this talk.

The talk will start at 2pm in the UEA Colney Lane Pavilion. Please remember to display your parking permit (a permit can be obtained at the door on arrival). Please do bring along any surplus plants you may have, donations to help Garden Group funds.

Thursday 27 July 2023. Visit to Brick Kiln House, Priory Lane, Shotesham, Norwich NR15 1UJ

A private group visit has been arranged for the afternoon of Thursday 27 July. This is a 2-acre country garden with a large terrace, lawns and herbaceous borders. There is a contemporary designed pergola garden, sculptures and a stream running through a wood.

This is a return visit for the Garden Group, the previous visit being in 2017.

Full details and the booking slip will appear in the June edition of Renaissance. Thank you to Anne Guyon and Barbara Dewing for organising this visit.

Pam Janacek

HISTORY GROUP

Friday 14 April 2023 2.00pm

Visit to the Norfolk Heritage Centre

A visit has been arranged to the Norfolk Heritage Centre, housed in the Forum (lift access).

The Centre holds the most comprehensive collection of published material telling the story of Norfolk and its people. The collection includes maps of the county spanning 500 years.

Cost £4.00 Numbers are limited to 20

If you wish to join this visit please contact Evelyn – evelyn.mould@ntlworld.com or telephone 01603 743464 Deadline Friday 31 March 2023

NOTE: Although not organised by the History group some people may be interested in the short walk on Tuesday 14 March, the 'Norwich Textiles Trail'. See the Walks section for details about this.

Suzanne Cunningham & Evelyn Mould

KNIT and NATTER GROUP

We are a small group who appreciate the company, friendship and fellowship of meeting with like-minded people. We have people knitting a variety of pieces from garments and baby items through to novelty items and toys; tapestry making; felting; fresh lavender bags; Christmas decoration construction and beading/jewellery making. It is interesting to see what other people are doing and to help each other with our projects. Some of our group have been knitting items for charity which are delivered via the Norfolk Knitters and Stitchers to whom we are affiliated. If anyone is interested in coming along (you don't have to commit to every month) we meet at the Colney Pavilion, 2-4pm on the third Monday of the month. If anyone would like further information, please contact me mndholland76@gmail.com

The Group will meet on the following dates:

20 February

20 March

17 April

15 May

19 June

17 July

Mandy Holland

LUNCH GROUP

14 members enjoyed a good lunch at the Oak tree in Ipswich Road in January. The February lunch at the Cellar House in Eaton has been organised by June Woodhouse and details were sent to members who often attend the lunches.

Wednesday 1 March

The Eagle, Norwich

A lunch has been arranged at the Eagle, 33 Newmarket Road, Norwich NR2 2HN, meeting at 12.15 for 12.30. There is a large car park. Buses (5B, 10, 10A, 11A, 12, 15) along Newmarket Road stop very near the pub.

If you wish to attend, please email j.johnson@uea.ac.uk or phone 01603 456465 by Wednesday 22 February. Please note change of day to Wednesday for this month.

Future dates for the Lunch Group are

Thursday 6 April Wednesday 3 May Thursday 1 June.

Details of these lunches will be given out at the previous lunch and sent to members who are on the list of occasional attenders. If you would like to be added to this list, please contact j.johnson@uea.ac.uk.

John Johnson

MUSIC GROUP

There are no planned Retirement Association visits or events for this report but if you are interested in musical events at UEA, see the Music Centre's 'What's on' web page via the link below, or email musicevents@uea.ac.uk . There is also a link on the web page to book and purchase tickets.

https://www.uea.ac.uk/uea-life/campus-life/campus-facilities/music-centre/whats-on

N.B. in addition to any planned events, information about musical activities in Norwich is circulated to members who have shown interest. If you would like to be included in this circulation or wish to publicise any concert or musical event of your own, please email Verity at vj.lyall@outlook.com or phone 01603 613698.

Verity Lyall

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Please book me on the Bourton-on-the-Water Walking Holiday: 23-27 October 2023

Name(s):		
Telephone:	Mobile:	
Email:		
Postal Address:		
Accommodation preferred (please tick) Twi	in() Double() Single()	
Accommodation preferred (please tick) Twin (), Double (), Single ()		
I would prefer to travel by Coach (), Car (), Either ()		
Walking Programme – please indicate the grade of walk which you are likely to choose: Harder (), Medium (), Easier ()		
Any Special Requests, e.g. dietary requirements:		
Please post this form to Keith Woods, 113 School Lane, Little Melton, Norwich NR9 3LA.		
or email to: kandjwoods@waitrose.com		
Cheques:	BACS Payments:	
Please make cheques payable to:	Account Name: U E A Retirement Association Sort Code: 20-62-53	
UEA RETIREMENT ASSOCIATION	Account No: 70487589	
I enclose a cheque for £ (£75 per person deposit)	Please note there are spaces between the U and E and A This is important when typing in the name the first time as UK Banks carry out name checks to prevent fraud (called Confirmation of Payee) and if the spaces are omitted it will not be able to match the name.	
	I have paid £ by BACS (£75 per person deposit)	

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DATES FOR YOUR DIARY 2023

Booking/decision deadline dates are shown where appropriate.

2023 Feb	13 14 20 20 21 28	Book Group Walk Art Group Knit and Natter Games afternoon Talk	'A pale view of hills' by Kazuo Ishiguro Salhouse and Rackheath (deadline 9 February) 'The Hijacking of Edith Cavell' by Tony Diamond
Mar	6 14 13 20 20 21 28	Talk Short walk Book Group Art Group Knit and Natter Games afternoon Talk	'The flora, fauna, history and scenery of Chile' by Kathy Gray Norwich Textiles Trail (expressions of interest 28 Feb, deadline 7 Mar) 'We need to talk about Kevin' by Lionel Shriver 'Miss Savidge Moves her House' by Christine Adams
Apr	3* 6 11 14 17 17 18 25	Book Group Lunch Group Walk History Group Art Group Knit and Natter Games Afternoon Talk	'A Town Like Alice' by Nevil Shute (* date change from usual) One to Four Churches around Hethersett (deadline 28 March) Visit to Norfolk Heritage Centre (deadline 31 March) 'The Samaritans' by David Boyce
May	3 9 15* 15 15 16 23	Lunch Group Walk Book Group Art Group Knit and Natter Games afternoon Talk	Felbrigg (deadline 2 May) Two favourite poems (* date change from usual) 'Jenny Lind'
Jun	1 12 13 19 19 20 27	Lunch Group Book Group Walk Art Group Knit and Natter Games afternoon Talk	'The Soul of Discretion' by Susan Hill Saxmundham, Suffolk (deadline 5 June) 'Restoration of Ketteringham Hall Icehouse' by Mary Parker
July	10 11 17 17 18 27	Book Group Walk Art Group Knit and Natter Games afternoon Garden visit	'French Braid' by Anne Tyler Northrepps and Overstrand (deadline 27 June) Croquet Eaton Park Visit to Brick Kiln House, Shotesham
Aug	8	Walk	Thwaite Common and Alby –Picnic Walk (deadline before 7 Aug)